

Mama Genas School of Womanly Arts: Using the Power of Pleasure to Have Your Way with the World: 2004 Day-to-Day Calendar

We are taught to work hard, study hard, and deprive ourselves. But who teaches us about pleasure? Relationship expert Regena Thomashauser noticed through her years of counseling that many women just didn't know how to have fun. Enter Mama Gena. Thomashauser's alter ego playfully instructs goddess hopefuls in the womanly arts with this guiding principle: Self-indulgence is the key to self-empowerment. And Mama Gena is hellbent on getting the word out. She has been interviewed and featured in such publications as the New York Times, Vanity Fair, Self, Glamour, Elle, and Allure. She has been a guest on Late Night With Conan O'Brien, and Today. She explains and extols the womanly arts in her popular Mama Gena book and now in the new Mama Genas School of Womanly Arts 2004 Calendar: You can never brag too much. Love your flesh. The Goddess is aching to put women in their right place on the throne of possibility. Mama Gena will happily and lovingly give all goddesses-in-training a good, strong boost.

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